

camphill
village
trust



Larchfield
Community

Welcome to your Trustee road trip pack – June 2022

Community summary

Larchfield Community is situated on the outskirts of Middlesbrough and covers an area of around 135 acres, benefitting from its rural setting and its close connection to the town.

Larchfield has two separate contracts with the Local Authority (LA) which are frequently audited.

The Larchfield Community contract with Middlesbrough Council (MBC) describes the service as providing:

- Enablement and support services and housing related support for people with a learning disability.

All individuals receive this support, with 34 people receiving support with a regulated activity, from teeth brushing to full personal care.

We are registered with the CQC as a domiciliary care provider.

Accommodation

- One three bedroom detached house.
- We have four larger family style houses in the community, all with flats attached.
- Daffodil has six, one bedroom flats (including one for a married couple), and a two bedroom flat.
- Aspen has a two bedroom flat, and a one person bedsit. We have a vacancy in Aspen, however we've received an encouraging referral for this.
- Leven flat has three bedrooms, one of which is vacant due to the needs of the two people who live and are supported there.
- Sylbury has a one bedroom flat with support provided by Education and Services for People with Autism (ESPA).
- Teyva has a two bedroom flat with one bedroom vacant due to the needs of the person living there.
- In addition to the vacancies mentioned above, Hawthorn, our two bedroom house, is currently empty. We are looking to move two people from within the community into this house. We have referrals for our vacancies, however due to staff shortages we are facing delays. We would need around three to four support staff vacancies to be filled to allow us to take on the referrals.

Support needs

- We mainly take referrals from MBC, with only four people being funded by other LAs, which are North Yorkshire County Council, North East Lincs, Northumberland and Newcastle.
- The average number of commissioned support is currently 2,288 split between 36 people. Four people have over 100 hours of support each week, and two people have over 200 hours of support each week..
- We support adults with various learning disabilities, mental health needs and Autism. The higher hours of support are for people whose behaviors challenge and may present a risk to themselves or others.

- Support ranges from five hours p/w floating support to 252 hours p/w, including elements of 2:1 support.
- Larger houses with either waking nights or sleepover support.
- In addition to the 36 people living at Larchfield Community supported by The Trust, there are four men who are supported by Positive Support for You, or ESPA.

Day opportunities

- All day opportunities are funded by LAs or privately funded.
- 82 people access our day opportunities, this is made up of 57 day placements and 25 people who live in the community.

Staff

- 120 members of staff, including permanent, bank / relief staff, and admin/finance.
- The management team has been working together for almost six years, contributing to a series of high scoring contract monitoring audits.

Our land

Larchfield Farm:

- has around 135 acres of land.
- a mixture of pastures for grazing livestock, making hay, and arable fields for growing crops such as wheat, barley, oats and beans.
- is certified as organic by Demeter, we use biodynamic methods / principles such as spraying special preparations made from natural plant and animal materials on the land, rather than chemical fertilisers and pesticides.
- uses its own hay and silage to feed cattle and sheep during the winter months.
- sheep and chickens are fed using crops we harvest which we make into feeds using our milling and mixing machine, selling any surplus grain to other farms.
- straw is used as bedding for cattle in the barns.
- has 13 breeding suckler cows, mainly Shorthorns and a young Shorthorn bull called Nelson.
- cows give birth to one calf each in June or July every year.
- has a flock of 66 ewes (of a mixture of breeds); we breed our own replacements.
- beef cattle and lambs, when at the right age, are sold to Gazegill Organics who run a farm shop in Clitheroe, East Lancashire, and an online shop selling quality organic produce. Some meat comes back to Larchfield and is used in pies sold in our cafe.
- has two pet Boer goats called Daisy and Gertie who live with our Shetland pony Pepsi.



Supported opportunities on the farm and gardens

The farm workshop provides a variety of work-based activities to individuals of varying ages and abilities. Such as:

- Helping at lambing time - feeding sheep, cleaning pens, bottle feeding pet lambs etc.
- Feeding and bedding cattle in winter months.
- Caring for Pepsi the pony - brushing coat, cleaning hooves, mucking out stable, taking for walks.
- Milling grain - weighing, bagging, and labelling.
- Painting - walls, barns, and gates.
- Making and using Biodynamic preparations.

Gardens

- Raking grass
- Weeding
- Making compost heaps

The farm has three full time staff members –

- Dave is responsible for the planning and day to day running of the farm
- Eileen and John support and work alongside community members and day placements on the farm.

English

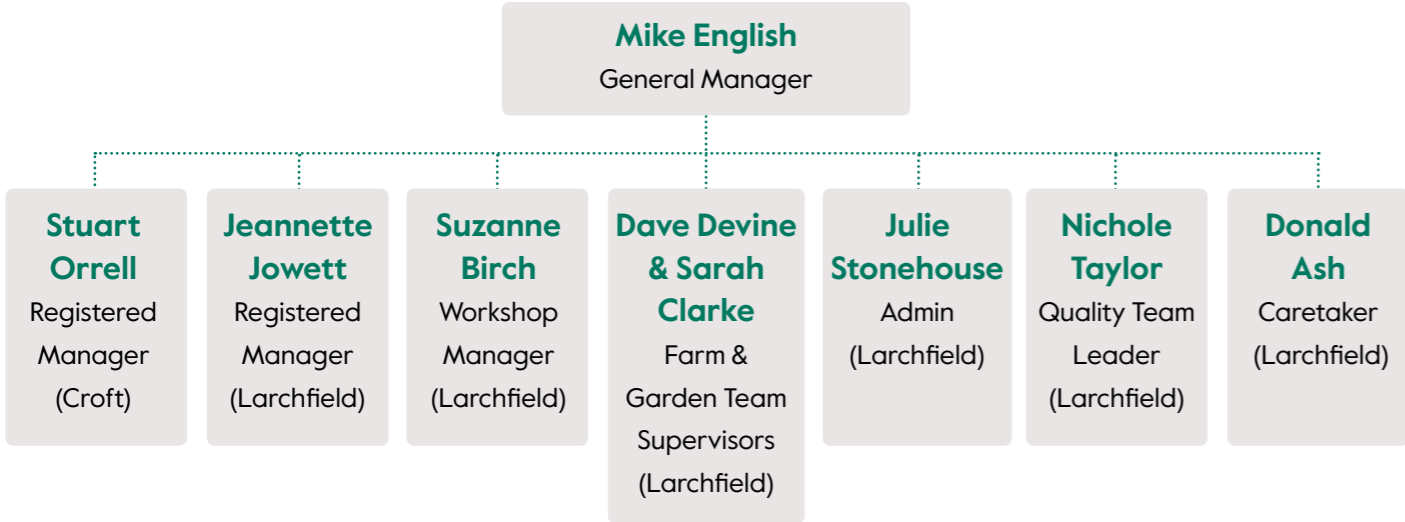
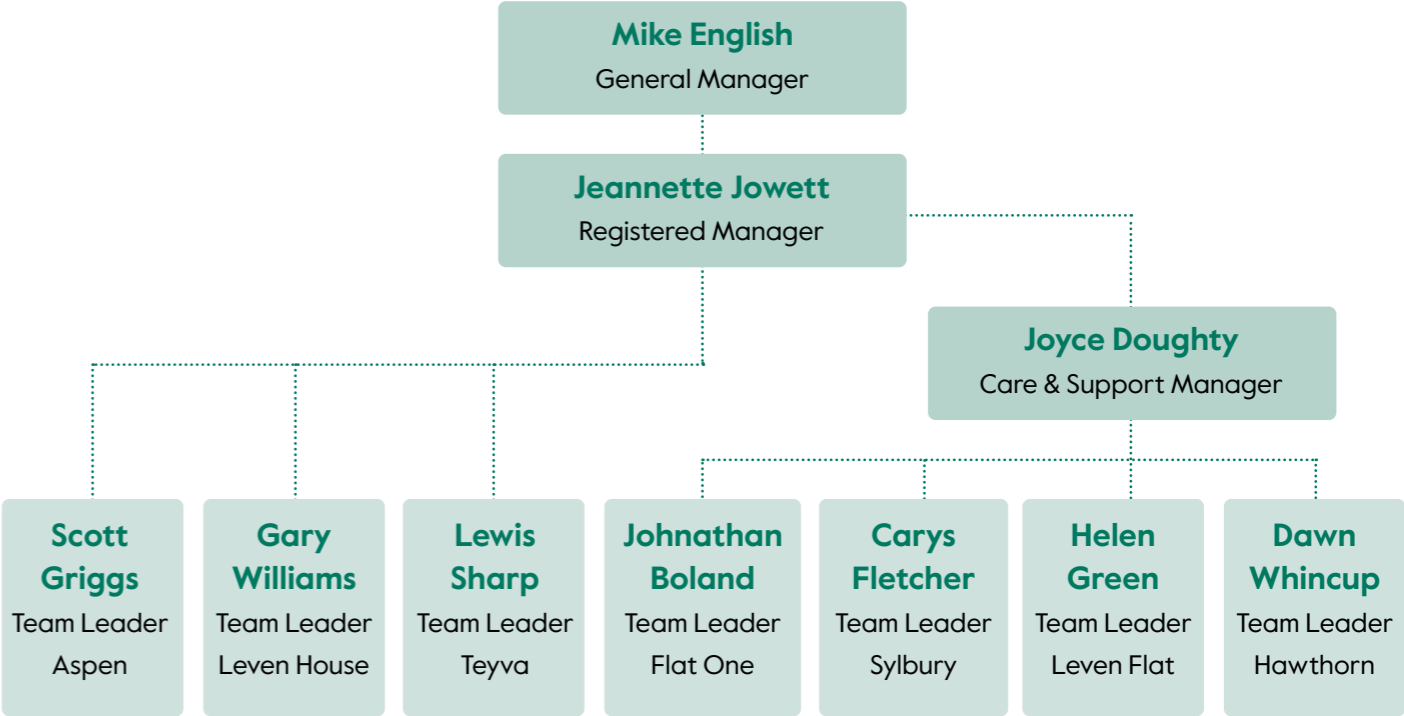
Mike English
General Manager
Larchfield
Community



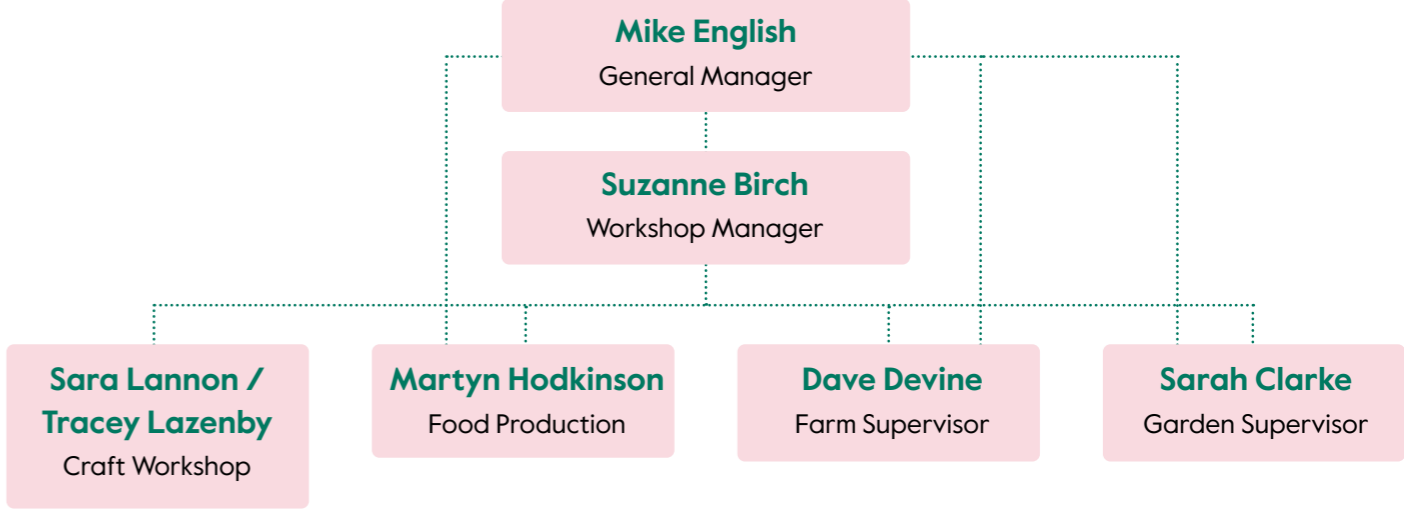
Community organisation chart



Larchfield Community - houses

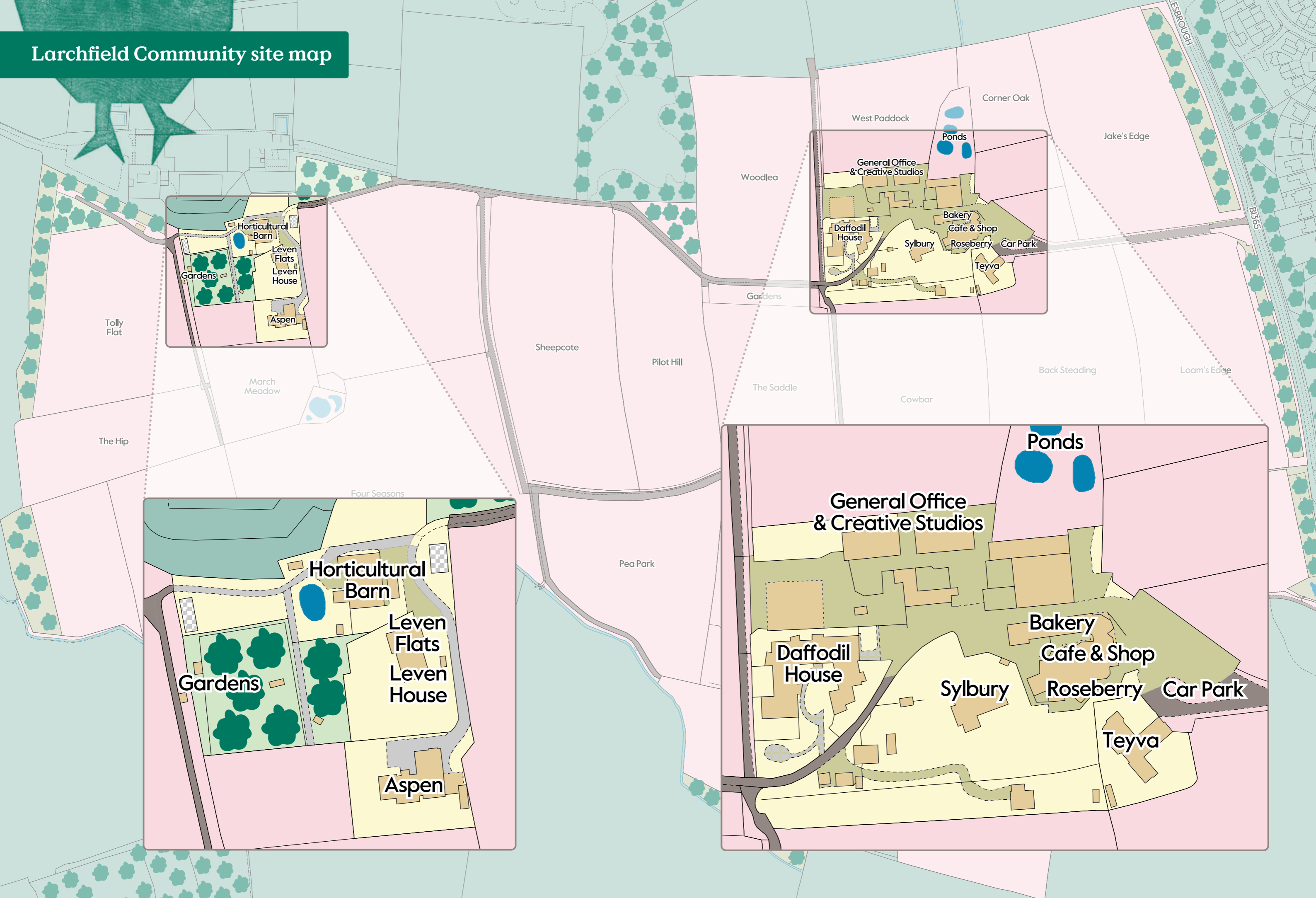


Larchfield Community - Day opportunities



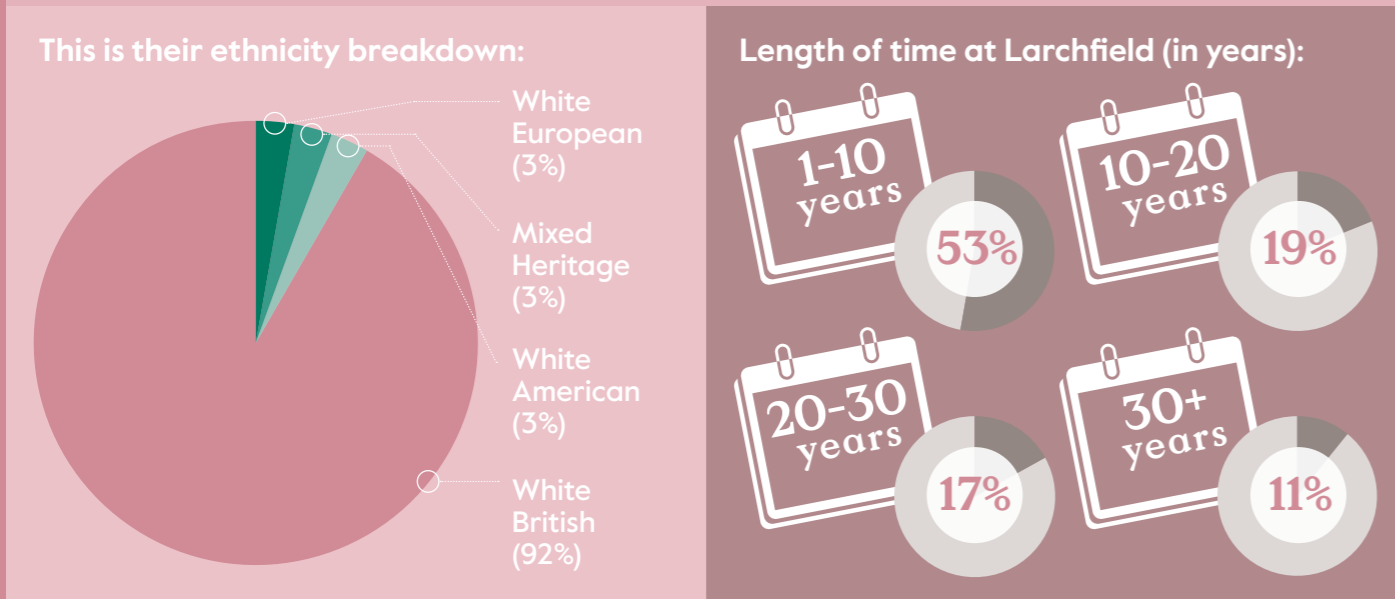
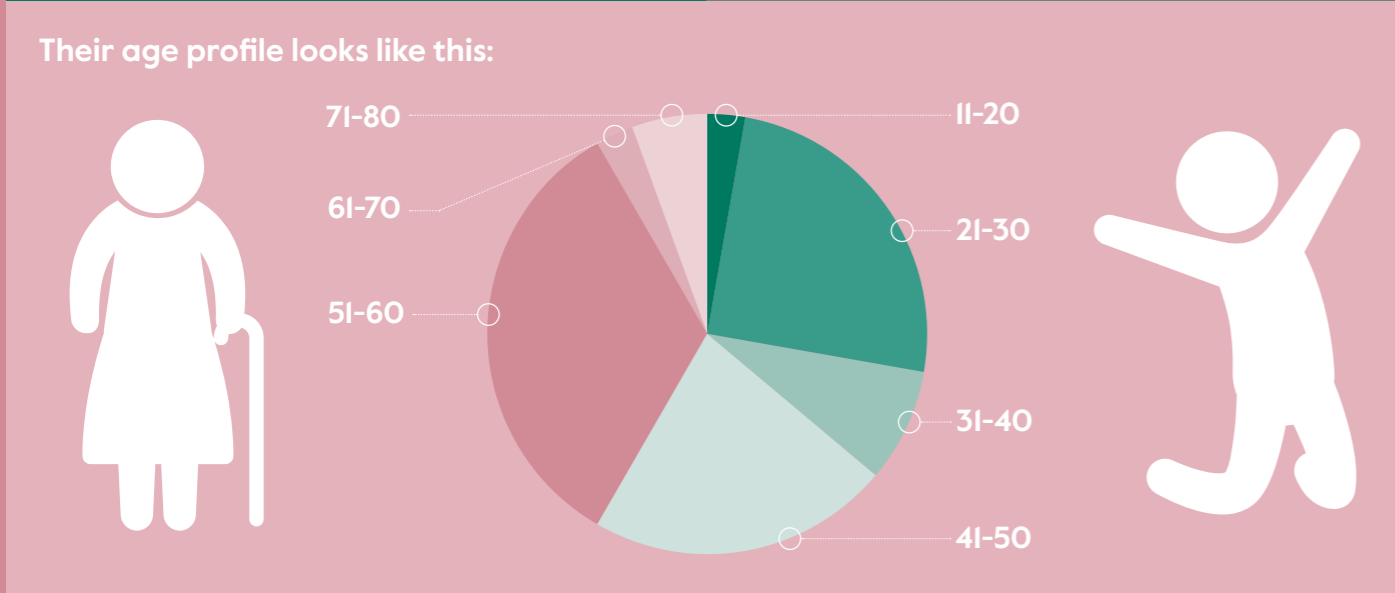
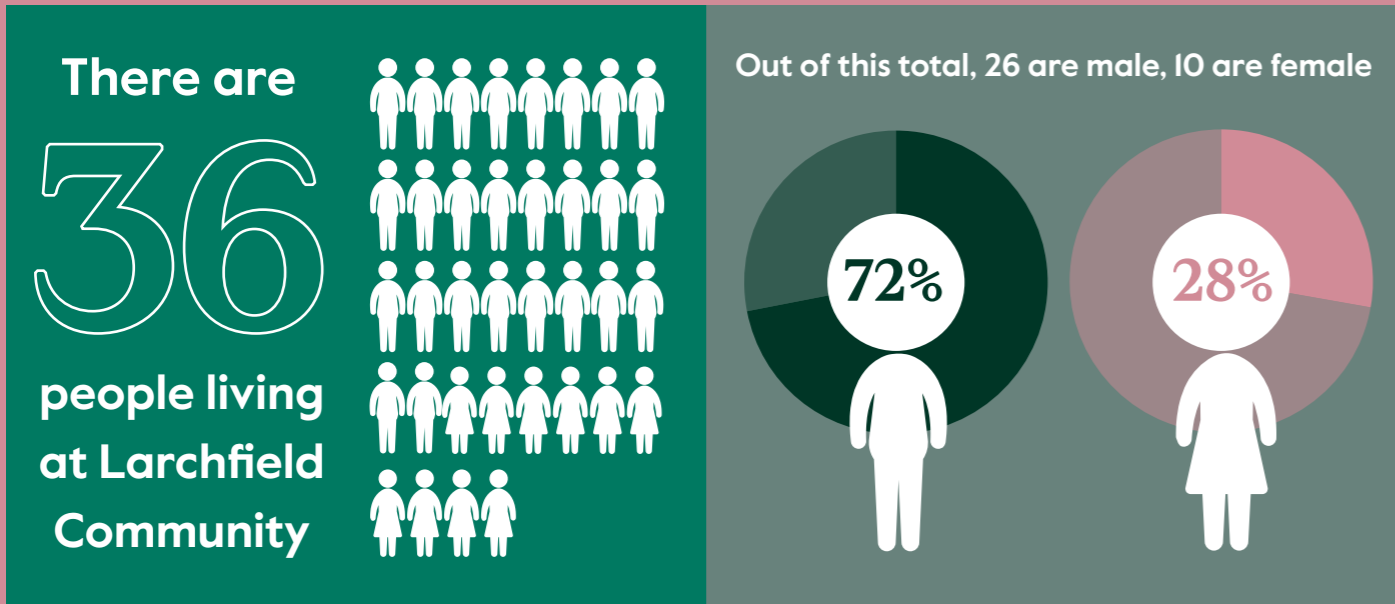
The workshop manager supervises all of the workshop managers on matters of care & support. The GM also supervises the food production manager, farm & garden supervisors on strategic direction and budgets

Larchfield Community site map



Demographics

Demographics information was collated on the 28th February 2022.



Day opportunities capacity

NUMBER OF WORKSHOP SESSIONS AT 30th May 2022

WORK AREA	CAPACITY	ACTUALLY TAKEN	VACANT SESSIONS
Café / Kitchen	30	30	0
Bakery	48	41	7
Craft	180	177	3
Farm	60	60	0
Gardens	84	69	15
TOTAL	402	377	25

We currently have

82



people accessing our workshops, 57 day placements and 25 people who also live in the community

CQC last inspection 2018

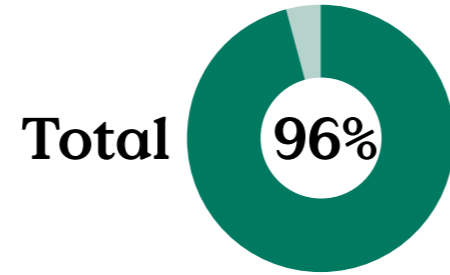
Ratings:

Overall rating for this service Good	Is the service caring?..... Good
Is the service safe?..... Good	Is the service responsive?..... Good
Is the service effective?..... Good	Is the service well-led?Requires Improvement

MBC audit scores 2021 -22

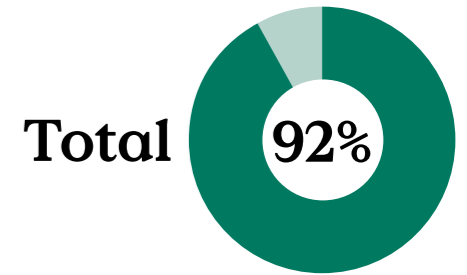
Aspen

Section	Max possible score	Actual Score
General Comments	0	0
Support & Risk	30	30
Medication	25	25
Accommodation & Safety	20	20
Staffing	25	21



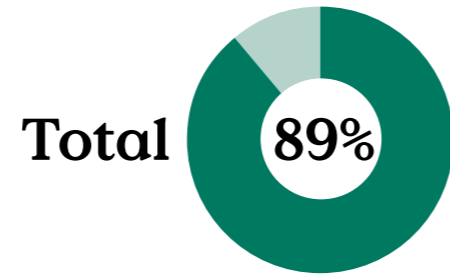
Hawthorne

Section	Max possible score	Actual Score
General Comments	0	0
Support & Risk	30	30
Medication	25	23
Accommodation & Safety	20	19
Staffing	25	20



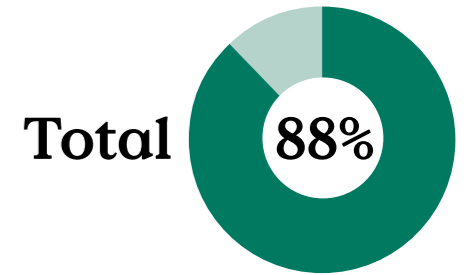
Leven House

Section	Max possible score	Actual Score
General Comments	0	0
Support & Risk	30	30
Medication	25	23
Accommodation & Safety	20	20
Staffing	25	16



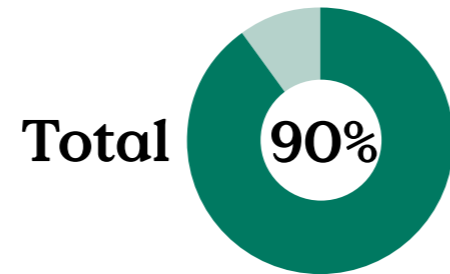
Sylbury

Section	Max possible score	Actual Score
General Comments	0	0
Support & Risk	30	30
Medication	25	20
Accommodation & Safety	20	20
Staffing	25	19



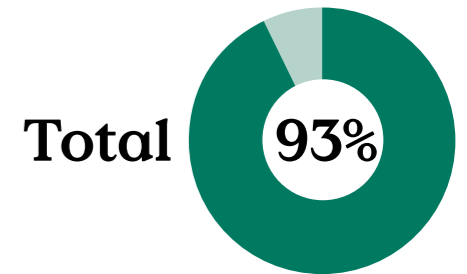
Leven Flat

Section	Max possible score	Actual Score
General Comments	0	0
Support & Risk	30	30
Medication	25	22
Accommodation & Safety	20	19
Staffing	25	20



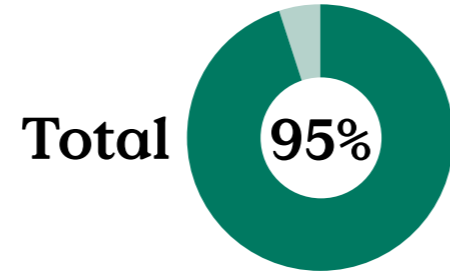
Teyva

Section	Max possible score	Actual Score
General Comments	0	0
Support & Risk	30	30
Medication	25	22
Accommodation & Safety	20	20
Staffing	25	21



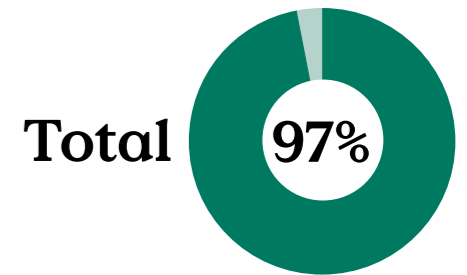
Daffodill House

Section	Max possible score	Actual Score
General Comments	0	0
Support & Risk	30	30
Medication	25	22
Accommodation & Safety	20	20
Staffing	25	23



Workshops

Section	Max poss. score	Actual Score
Service User Involvement	10	10
Person Centred Planning	25	25
Medication	20	20
Complaints, Safeguarding & QA	15	15
Staffing	20	17
Health and Safety	10	10
General Observations	0	0



Local Authority inspections

Care & support – houses

In May 2018, Larchfield's houses were visited by Middlesbrough Borough Council (MBC), with CQC visiting shortly afterwards.

- The new Registered Manager was implementing new measures to improve quality after a period of time without a Registered Manager.
- A safeguarding issue was made to MBC and a protracted series of visits / audits across the community.
- An overall score of 68% for the houses was given

What we did:

- Staff worked to an action plan to improve the scores.
- We appointed an internal Quality Audit Team Leader to improve services.
- An action plan was followed and monitored with weekly, and then monthly updates to monitor progress.
- Our audits focused on improving a range of areas measured by MBC and the CQC along with improving:
 - support planning
 - medication administration and documentation
 - financial record keeping.

The results

- An improvement to 83% at the last visit before lockdown.
- Internal self-assessments during lockdown demonstrated that the quality was still improving, reflected in the audits from the Trust's quality team.
- After lockdown MBC recommenced contract monitoring visits (September 2021) with all houses audited separately for the first time (Previously an overall score was given on samples from across the community)
- The scores demonstrated that:
 - quality of support had remained at the forefront at Larchfield Community, despite the challenges presented during lockdown,
 - and scores ranged from 88% to 96% with an overall average score of 91.8%

CQC Inspections

Inspection results

- The community has had two CQC audits, both achieving an overall 'GOOD' score.
- In the May 2018 inspection (2nd inspection), CQC noted improvement requirements to demonstrate Larchfield Community was 'Well Led'.

Actions taken

- As stated above, a new Registered Manager was appointed.
- Measures were taken to make improvements, implementing the changes required as evidenced by the MBC reports.

Day opportunities support

Larchfield Community has a separate contract for its day opportunities, which is also supported by the Quality Team Leader.

Inspection results

- The last inspection prior to lockdown (March 2019), saw an overall score of 90%
- The recent inspection again demonstrated the improvements in quality, as we achieved a score of 97%.
- Improvements needed to ensure training is delivered to all I20 staff across the community

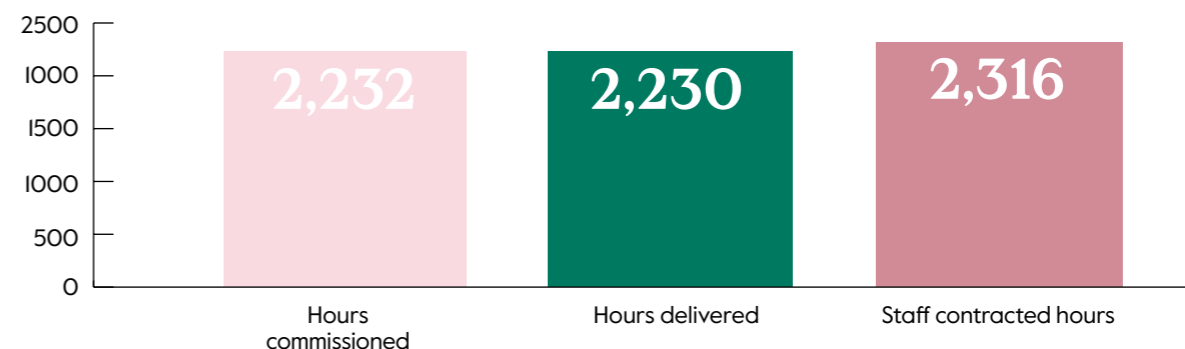
Actions taken

- During lockdown we were unable to evidence face to face training, work has already started catch up in all areas of training and documentation.

In addition to our focus on quality support and services we have negotiated increased sessional rates from a starting point of £10 per day (£5 per session) to the current rate of £25.14 (£50.28 per day), rising to £27.17 (£54.34) in 23/24.

A Provider Information Return (PIR) has recently been completed and returned to CQC in lieu of an inspection. One of the key changes implemented by the Registered Manager was the introduction of the Larchfield Community specific two-day induction, which has been shared as an example of good practice across the Trust. This is due to take place on 21st June.

Summary of latest quality and H&S KPI's



INDIVIDUAL KEY PERFORMANCE INDICATORS	KPI QTR 1 (Apr-Jun)	KPI QTR 2 (Jul-Sep)	KPI QTR 3 (Oct-Dec)	KPI QTR 4 (Jan-Mar)
I. QUALITY ASSURANCE				
80%+ support plan audits/no. plans audited by Quality Auditor	2 of 2	0	3 of 3	2 of 2
80%+ meds audits/no. audited this quarter by Quality Auditor	5 of 5	72%*	3 of 4	2 of 3
Incident logs completed monthly/inc review of actions/outcomes/trends	Yes	Yes	Yes	Yes
Completed safeguarding logs/submitted monthly/updated closed Safe C	Yes	Yes	Yes	Yes
PWS financial transactions audited monthly	Yes	Yes	Yes	Yes
Meds audit completed quarterly	Yes	Yes	No	No
Formal outcomes based support plan completed in last 12 months	32 of 32	32 of 32	32 of 32	32 of 32
PWS had offer of GP health check in last 12 months	32 of 32	32 of 32	32 of 32	32 of 32
Achieve 95% or + on below mandatory training for contracted staff: Figures based on contracted support staff and workshop / team leaders				
Safeguarding (induction/face to face - 3 yearly)	65%	77%	73%	82%
Safeguarding annual on-line refresher	85%	78%	100%	100%
MCA/DOLS (induction/face to face - 3 yearly)	62%	78%	72%	78% / 80%
MCA/DOLS on-line refresher	92% / 84%	89%	94% / 85%	90% / 80%
Health and Safety (induction/annual on-line refresher)	90%	89%	99%	91%
Fire Safety (induction/face to face - 3 yearly)	21%	35%	60%	53%
Fire Safety annual on-line refresher	89%	95%	100%	63%
Moving and handling (objects) (induction, 3 yearly on-line refresher)	87%	91%	97%	96%
Equality and Diversity (induction)	84%	85%	99%	88%
GDPR (induction)	80%	92%	97%	93%
Meds – support staff to undertake administration	79%	80%	79%	88%
NAPPI (face to face – annually)	67%	55%	90%	82%
Working in person centred way (induction)	74%	94%	96%	96%
All props full fire risk ass completed in last 3 yrs	Yes	Yes	Yes	Yes
All props have fire risk ass review in last 12 months	Yes	Yes	Yes	Yes
All high priority actions from fire risk ass or review completed	No	No	No	No
Weekly fire alarm tests/premises checks documented/up-to-date	Yes	Yes	Yes	Yes
Fire system service up-to-date for relevant props	Yes	Yes	Yes	Yes
Lifting equipment serviced in last 6 months	Yes	Yes	Yes	Yes
Water system risk ass/actions completed last 2 years	No	No	Yes	
Water temp profiling up-to-date	Yes	Yes	Yes	Yes
Scheduled chlorination up-to-date	No	No	No	Yes
Yearly asbestos register review completed in last 12 months	Yes	Yes	Yes	Yes
PAT testing completed last 24 months	Yes	Yes	Yes	Yes
5 yr hard wiring checks in date	Yes	No	Yes	Yes
Yearly Gas Safety Checks completed last 12 months		Yes	Yes	Yes

Our facilities and those accessed externally



Larchfield Community facilities and hosting events

- The Larchfield hall: used for a series of events, including staff training and meetings.
- We hosts monthly advocacy groups facilitated by Your Voice Counts, an external advocacy group based in Newcastle, as well as some I:1 advocacy work.
- Members of Middlesbrough 1st advocacy group - advocacy for people with a learning disability, autism, or a danger of exclusion, from all over Middlesbrough.
- We have a workshop arranged with Borderlands, a project focussing on increasing the number of local people taking part in cultural activity and embedding culture as a part of Tees Valley's approach to health, wellbeing, education and employability.
- Our own 'Voices of Larchfield' group meet weekly. Campaigns include: reduction in the speed limit on the main road, and were instrumental in the installation of speed bumps on site, as well as hosting mental wellbeing drop in sessions.
- We host a weekly knit and natter group, enjoyed by local knitters, as well as people who attend the craft workshop.
- regular discos and cinema nights for community members (pre-covid)
- Hired our Larchfield all to The Dogs Trust and Cleveland Dogs for dog training and agility classes.
- The café routinely hosts weekly meetings from different faith groups.



Outside Larchfield Community

- Community members regularly visit the facilities at the local estate of Coulby Newham.
- We have community members who are active participants at Riding for the Disabled.
- There are frequent visits to music venues locally, as well as cinemas, pubs and restaurants in the town
- Situated less than 10 miles from the coast people frequently visit to the many seaside towns across Cleveland and North Yorkshire. And the open space of the North York Moors.

Planned projects 2022/23

Refurbished kitchens and bathrooms

Work commenced on 6th June, on the first of three kitchen refurbishments. Once completed, all of the kitchens in the Trust owned properties will be less than eight years old and all of the bathrooms have been replaced in the last five years.



Middlesbrough urban gardens

We have had discussions with the mayor of Middlesbrough about extending the day service offering outside of Larchfield Community. We have had architects plans drawn to include some urban gardens in the centre of Middlesbrough close to the site of the original farm in Middlesbrough. The drawings include a small café, and four multipurpose workshops which could offer new and additional choices, with plans to open on an evening and a weekend for groups to meet, and provide space for music, comedy and other arts events as the area is close to the town's cultural quarter. Discussions are ongoing with the Mayor.



Thank you for visiting Larchfield Community!



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